



CIRCULAR

Subject: Self-Awareness and Recreation Program - Reg.

Dear Students,

It is to inform all the E1 students that the university is organizing the Self-Awareness and Recreation Program, designed to enhance your well-being and personal growth.

Participating in this program will not only offer a break from your academic routine but also equip you with valuable skills to navigate the challenges of student life.

In this regard, all the E1 students are hereby directed to attend the session without fail.

Program Schedule:

Date: 02-03-2024

Time: 10:30 AM

Venue: SAC Auditorium

Sd\-

Associate Dean Engineering

Sd\-

Associate Dean Academics & Planning

Copy to:

1. The Secy to the VC
2. The PS to the Director
3. All the Associate Deans / HoDs for information
4. All the Notice Boards / University Hub

Self-Awareness Program

Details:

Session Topic: Self-Awareness

Participating Students: E1-Sem2

Date: 2nd March 2024

Duration: 2 hours (10:30 AM-12:30 PM)

Place: SAC Auditorium

Schedule:

| Sl.No | Time | Name of the Speaker | Designation | Topic |
|--------------|-------------|----------------------------|--|--------------------------------|
| 1. | 10:30 AM | Mrs.G.Nagalaxmi | Counsellor | Self |
| 2. | 10:50 AM | Mrs.P.Srilakshmi | Counsellor | Goal Setting & Time Management |
| 3. | 11:10 AM | Mr.B.Siva Kumar | Counsellor | Life Skill-Self Awareness |
| 4. | 11:30 AM | Mrs.G.Srujana | Special Officer | |
| 5. | 11:40 AM | Mr.K.Mahesh | Associate Dean of Engineering | |
| 6. | 11:50 AM | Dr.K.Pavani | Associate Dean of Sciences | |
| 7. | 12:00 PM | Dr.V.Chandra Sekhara Rao P | Associate Dean of Academics & Planning | |
| 8. | 12:10 PM | Dr. H. Dattu | Associate Dean of Student Welfare | |
| 9. | 12:20 PM | Prof.V.Venkata Ramana | Vice Chancellor, RGUKT Basar | |