

TECHFEST -2K18

TRINAYANA - 2k18

A cultural Eve



NOTICE



107

R U OK?

A conversation could change a life.

Conversations need to happen everyday

You don't need to be an expert - just a good friend and a good listener.

So, when you notice someone who might be struggling...

Start a conversation!!!

Encourage more people to ask

R U OK?

We are encouraging you to connect people with technical support

All you need to do is make a video

with the questions posed below:

- 1. Who's the person you turn to, in a tough situation, in college?**
- 2. What do you do when you feel stressed out?**

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NOTE: For updates Stay Tuned to HUB 