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## RAJIV GANDHI UNIVERSITY OF KNOWLEDGE TECHNOLOGIES

(Established under Act 18 of 2008) Basar, Nirmal dt., Telangana State - 504107

Date: 16.02.2025

## Guidelines for availing 'sick food' in mess

With effect from 16.02.25, students who are recommended **'sick food'** at the university health center will be provided the following food in their respective mess.

| Service   | Menu  |
|-----------|---|
| Breakfast | Idly/Bread & jam/Ragi Java*, Milk, Banana-2 No.         |
| Lunch     | Khichdi (Rice + dal + 3 vegetables) and one Boiled egg. |
| Snacks    | Milk, One biscuit packet of small size/Chikki* (4no.s)  |
| Dinner    | Pulka (4 units) / curd rice and banana-1                |

<sup>\*</sup>For students diagnosed with **anemia** by the institute doctor.

Please note the following while availing this facility:

- 1. The sick food slip is provided for a maximum of three days only. If an extension is required, it will be provided by the campus medical officer after examination of the student.
- 2. The count of sick food slips issued in the institute health center will be provided to the caterer at 11:00 AM and 6:00 PM every day. Students visiting the hospital beyond this time may be provided sick food in lunch or dinner on that day respectively, subject to availability.
- 3. Students are advised not to misuse this facility as misuse can even result in cases where the really sick student may not get the 'sick food' **he/she needs.**
- 4. Students found to be misusing this facility will be subjected to disciplinary action as per university regulations.
- 5. Few teething problems are expected in the beginning and students are requested to co-operate with the authorities in this regard.
- 6. For any complaints/suggestions: please approach student welfare office (dost@rgukt.ac.in) or food committee member of the respective mess.

Sd/-Associate Dean Student welfare

<sup>- &#</sup>x27;/' indicates 'or'